



# INDIGENOUS COMMUNITY WELLNESS

## ŚW, I'YNOŃET WILNEW

*"To get better for the good of their own healing and to perform well."*

This 10-month (full-time) or 2-year (part-time) certificate program prepares students to support wellness in Indigenous communities and workplaces through culturally grounded, wholistic, and trauma-informed practice.

### WHAT YOU'LL LEARN



Facilitate groups in ways that are respectful, relational, and grounded in cultural protocols.



Learn through land-based and community-connected experiences, guided by WSÁNEĆ teachings and values.



Engage with SENĆOŃEN language learning opportunities as part of connecting to land, culture, and identity.



Integrate Indigenous ways of knowing and being with trauma-informed and healing-centred practice.



Understand the impacts of colonization on individuals, families, and communities.



Practice personal wellness, self-awareness, generosity, reciprocity, and ethical boundaries.



Communicate respectfully with individuals, families, and communities.



Build relationships with Elders, Knowledge Keepers, and community organizations.



Support community wellness through advocacy and access to programs and services.



Apply wholistic Indigenous approaches to healing alongside relevant Western methods.



#### NEXT INTAKE

September 2026



#### ADMISSION REQUIREMENT

C in English 12  
(or equivalent)

#### CONTACT US



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**APPLY NOW!**



WSÁNEĆ College leads and delivers this accredited program, grounded in WSÁNEĆ values, in partnership with Camosun College. Through this partnership, students can access supports and services from both institutions and receive recognized credit from each.

