

# SAANICH ADULT EDUCATION CENTRE



## OUR SCHOOL NEWSLETTER

ĆENKI,LES - Rebirth of the Earth

SPRING 2019

### *In This Issue*

News and Events  
Director's Corner  
Intro to Shadi  
Intro to Robbie  
Update from Kevin Monkman  
Update from Kim Linkert  
Fibre Courses  
Update from Diane Kirby  
Health and Wellness  
SENĆOŦEN Revitalization  
Art Classes Update  
Ptarmigan Music Day  
SAEC Student Art Gallery  
Music Day Photos  
Post-Secondary Update  
Register at SAEC  
Colour this drawing!



### NEWS AND EVENTS

#### SAEC Van

We are super excited to have a 10 passenger van for our school. We often missed out on opportunities due to all the buses being used or having to be back in time for the regular bus runs. Now we have the freedom to schedule activities and events any time of day and even

weekends. We've already gone on some great field trips to Vancouver and the aquarium in Sidney. Hurray! We can also use the van to pick up students who could not make the regular bus run due to appointments or other constraints. This makes our education programs even more accessible for everyone!



---

## Director's Corner - Kendra Underwood

---

ÍY SÇÁCEL HÁLE. I hope you are all doing well. We are now a few months into our second semester and experiencing a plethora of noteworthy achievements to share in our spring newsletter. This year we have seen an increase to our student enrollment, which has led to heightened course completions as well. Our next newsletter will indicate our finalized numbers, but thus far our students have completed 25 more courses than last year. Kudos to our students for their hard work! Furthermore, our newly established partnership with a First Nations independent school in Bella Coola has enabled us to pilot new English and math curriculum, much of which is paper-based, and has been heavily favored by students. Student appreciation for our new curriculum equates to an

average of 18 - 25 stipends going out to eligible students each pay period for 80% attendance and reasonable course progress. Onsite learners are eligible for \$50.00 a week and satellite learners are eligible for \$50.00 bi-weekly.

Our satellite programs in Tseycum and Tsawout are still running strong, and attendance has been exceptionally consistent in these outreach programs. Tseycum is now running five mornings a week from 9:00-11:00am, and Tsawout continues to run Tuesday-Thursday from 1:00-3:00pm. Thank you again to our community-based program partners for their ongoing facilitation support.

I am also pleased to share a few exciting school highlights that have come to light these past few months. In March



we applied for funding through CSETs to deliver onsite bus driver training opportunities in May. WSB/SAEC is pleased to provide funding for 6 community members to enroll in bus driver training – Class 2 and Air Brakes. Training seats will be available on a first come, first served basis, provided enrollment qualifications are met.

Additionally, we have been very lucky to have Robbie Louis begin with us in March as our on-call Language and Culture Teacher. He is now delivering language lessons on Monday mornings in Tseycum, and planning regular on-the-land learning opportunities with our onsite students.

This semester we have been fortunate to have Lindy Elliott join us once a week for a one-hour Fibres course. She is teaching students how to weave wool, and we now have a class set of looms. In May we will switch over to cedar and begin learning how to make cedar headbands and hats.





Shadi, our new certified counsellor started in February and is available each week on Tuesdays. There are 5 one-hour appointment slots each week, which are available to students in our Adult Dogwood program, as well as our onsite UVIC and Camosun programs.

We now have our very own SAEC school van! In March we acquired our new wheels, which seats 9 passengers plus the driver. We are so thrilled to have an accessible, responsive transportation option for adult learners. The van has already been used more than 25 times. Examples of van use include picking up a student that missed the bus, dropping off a student that is feeling ill midday, and for a variety of small, impromptu class field trips.

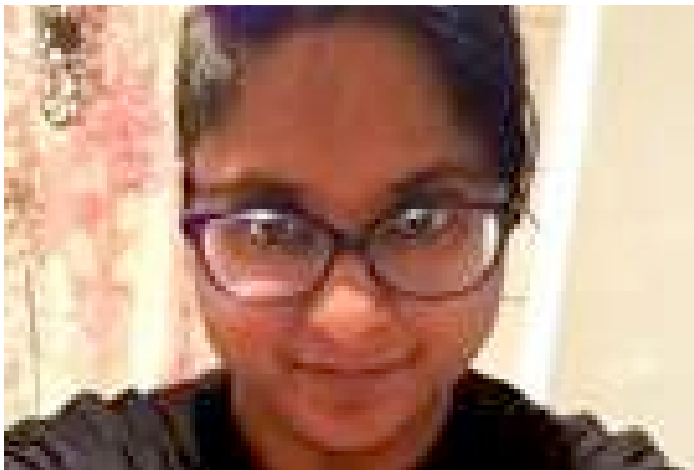
I would like to thank the WSÁNEĆ communities for their continued support of our students, staff and programming. As a community-driven school, we always appreciate the opportunity to meet with community members to seek feedback, suggestions or learn of any program needs that might exist. Please feel free to drop by the SAEC to connect at any time. You can also call or email me. HÍSWKE SIÁM.

SŁEMXÁMTENOT

Kendra Underwood

Telephone: (250) 652-2214 ext. 238

E-mail: [kendra@saec.ca](mailto:kendra@saec.ca)



Hello Friends! My name is Shadi and I am excited to be the new SAEC counsellor. I love facilitating group sessions and want to hear about what workshop topics would be helpful. I also work at the Victoria Sexual Assault Centre, and so have a background in trauma – especially sexual assault and sexual abuse. I've got lots of good skills and strategies for dealing with distressing thoughts or feelings, flashbacks and nightmares, anxiety, depression, and a lot more. Clients can tell me anything and I won't judge.

I'm really friendly and can be reached by email me at [shadi.k.they@gmail.com](mailto:shadi.k.they@gmail.com)



ÍY SÇÁĆEL HÁLE! ÇEŦÇELÁNEW TŦE NE SNÁ ĆSE LÁ,E SEN ET TŦE BOKEĆEN ÁLELEŦS. Good day everyone! My traditional name is ÇEŦÇELÁNEW, my name is Robbie Louis. I am from the village of Pauqachin. I have recently started working with the Saanich Adult Education Centre as the Language and Cultural Facilitator. I will be working closely with the adult students as well as numerous staff here at the WSÁNEĆ School Board, doing various classroom activities, out on the land learning, as well as singing and drumming. I look forward to spending my time here and working with various community members. Thank you all for your time. I am excited to work with you! HÍSWKE



---

## Update from Kevin Monkman

---

### Belfry Theatre - Supernova: Performances that Heal

In January, the SAEC attended a dress rehearsal performance for Supernova: Performances That Heal, which the theatre described as “an Indigenous showcase of traditional and contemporary song, dance and storytelling”. Students and staff were treated to a wonderful display of dance, spoken word, song, and storytelling, as an all Indigenous cast showcased their art with an eye on healing. We were so lucky to attend, and we thank Kristy Charlie for extending the invitation care of the Belfry Theatre.



For more information on the performance, check out the following link:  
<https://www.belfry.bc.ca/supernova/>



### Clam Garden

In late January, a handful of staff and students joined Parks Canada in helping restore a traditional clam garden. We took a late day ferry to Saturna Island and set up camp on the Northwest point of the island. After a quick bite to eat, and a short rest, we gathered with our Parks Canada hosts, as well as a small group of volunteers, and drove across the island. Our hosts picked us up in two boats, and drove us across to

Tumbo Island to do our work. We arrived at Tumbo at midnight, as we needed to do the work between 1:00am and 4:00am. This was the lowest tide of the cycle, and was needed to work on as much exposed beach as possible. Our work consisted of turning over the sand of the beach with pitchforks, shovels, and garden tools to aerate it, so the clams below could get more nutrients, thrive and reproduce. It was a truly unique experience for all involved and we hope we can return for the next lowest tide to do some more work and harvest some clams.



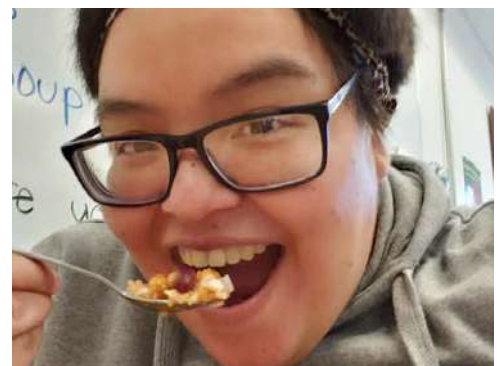


## English

Communications 12 finished in January 2019. Six students managed to finish the course, and we are proud of all of their accomplishments. Congratulations to Faith Underwood-Mosley, Janessa Voyageur, Simon James, Gail Henry, Craig Jacobs, and Taneesha Morris. Two students are currently taking LF English Level 6 to brush up their English skills. Both students are on the last assignment, having completed a great deal of work in a short period of time. As of now, 5 students have completed (or are almost complete) the 1st of 5 units in English 12 FP. We are also almost halfway through the novel *Keeper and Me* which is the bulk of Unit 2. Everyone is enjoying the novel.

## Food Studies 12

So far in Foods we have a core group who have been working well to complete all assignments and projects. Each Monday we do theory work, Tuesdays we plan meals for the week, and Thursdays we spend the class shopping and cooking. So far we have made smoothies, salads, appetizers, and we will be making chili. All recipes are planned, budgeted, purchased, prepped and cooked during class time. We have been emphasizing thoughtfulness in budgeting and planning meals in order to encourage students to consider healthy and cost effective choices. We have so far explored some food science around nutrition and digestion. We have also looked at the evolution of Canada's Food Guide over its lifespan.



---

...ᑭᑭᑭ...

## *Update from Kim Linkert*

---

...ᑭᑭᑭ...

### **Math Department**

Time is absolutely flying by and we are making great progress. The math room is buzzing as students are working towards completing their courses. The new Workplace Math 11 course is very popular and most students have chosen it for their math graduation requirement. We continue to work to improve the course and add Indigenous content where we see an opportunity.

### **Museum Trip**

We had the amazing opportunity to tour the Egypt: The Time of Pharaohs exhibit at the museum. It provided us with a snapshot of what life was like in Egypt over 3500 years ago. The exhibit had famous objects that were used by pharaohs and queens and even a 4000 year old coffin. We learned about the role that the Nile River played in the advancement of such an advanced civilization and also about the day to day life of the people. It was so amazing to see all the ancient artifacts.

### **IMAX**

We were very fortunate to get to see The Story of Earth at the IMAX after our tour of the museum. We learned that our planet was born from dying stars and is the result of violent collisions in space. It was once a hostile sphere of molten rock that cooled and became perfect for life as we know it. This film really reminded us about how precious the earth is and that we must take care of it. Go see it if you get a chance!

### **Skating/Swimming/Gym**

Our students really enjoy any opportunity to go to the Panorama Recreation Centre. We have a great reciprocal agreement with them and our students often workout and then jump in the pool for a swim after. It always makes for a great afternoon. We had five skating sessions this winter and once again, we saw amazing improvement by all the students that participated. It is great exercise and an activity that we hope our students will continue to pursue on their own. We are lucky to have a rink so close to our communities.



---

...ᑭᑭᑭ...

## *Fibres Courses*

---

...ᑭᑭᑭ...

### **Fibre Course**

We are so lucky to have Lindy Elliot popping in on Tuesday afternoons to teach us how to use looms. Our students are always craving more connection to culture and this has been a perfect opportunity. Lindy brought some looms and we built seven more to get started. We decided to start with headbands and I think we can all agree that it is much harder than it looks. It takes so much time and patience to get it right, but once you do, it is so gratifying! Thanks Lindy!

### **Wool Work at May Sam's**

In late January, we took a group of students to visit May Sam to help wash some wool. We set up at the sinks outside, and pulled several loads from a bag to scrub and rinse. Next we spread the wool out on drying racks so it could be carded for later use. It was wonderful to spend time outside, on a brisk afternoon, working together. We also enjoyed being able to repay May for all the wonderful work she does for our school and students.

See the next page for some great photos of our students working with wool! It's a great **W̱SÁNEĆ** tradition!





*Fibre Arts with Lindy and May*





---

Update from Diane Kirby

---

**TSEYUCUM Cohort**

What a great bunch of people in our Tseycum Satellite Cohort! Our program is now 5 mornings a week. Mondays are SENCOTEN with Robbie Louis; Tuesday, Wednesday and Thursday are English and Math with Diane Kirby and Ang Hamilton and Friday is Art 12 with Caroline Stengl. Students are doing work from foundational courses up to grade 12. Our goal is to help people start where they are and help them reach educational goals for post-secondary, high school graduation, trades programs and life. We do vocabulary builders (spelling tests) and math minutes just for fun! And we do have fun. Attendance is great and we usually have eight to twelve students in attendance and sometimes some children, too.



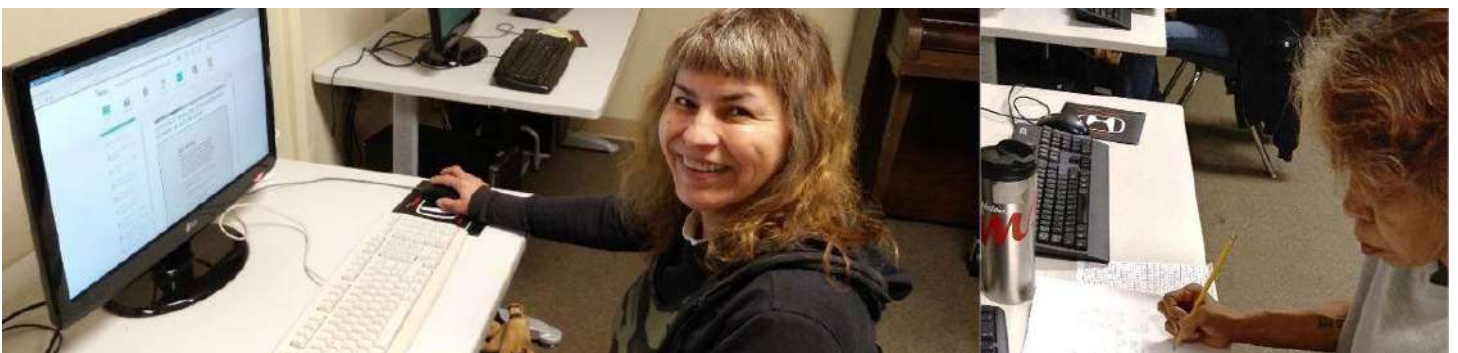
Being in Tseycum makes it easier for people who are working, have children, have mobility issues and cannot get to our main campus full-time. We have had a number of students move up to SAEC from our little portable and they are having success.

I do have to thank Xavier Jack and Roz Tanner-Jack for starting the movement to have school in Tseycum and supporting us. We are looking forward to the new home being prepared for the program. It helps support a solid learning environment from pre-school to adult learning and training. Kudos to Tseycum!

I would also like to thank the support we have been receiving from the Victoria Literacy Connection <https://www.facebook.com/VictoriaLiteracyConnection> and the three tutors that they have shared with us. Our students are getting more of the kind of attention that helps get things done. Thank you! HISKWE!

**TSAWOUT Cohort**

It has been wonderful time since winter break here in Tsawout. We have two dedicated students who are progressing through Workplace Math 11, Foundations Math, and Foundations English. It is difficult to come back to school as an adult. These two ladies are amazing. Shout out to Dorothy Tommy and Merla Coulenuer!







Diane Kirby is going to be away for a couple of months on leave for health reasons. We all wish her well and hope she feels much better very soon! Everyone will miss her. See you in June Diane!



### Playing Card Flashcards

It's time to play with the kids. For this easy one you can use ordinary playing cards. Adding and subtracting the numbers you or your child flashes at you can be fun. You can work up to multiplying but make sure YOU know your times table or print one out. The fastest way is to take out all the face cards and just use the ace to 10 cards. Hold up two cards and say add these. For example 8 plus A(1) is 9. Or 8 minus 1 is 7.

You can give as much time as you want or limit it to 5 seconds. If you are doing subtraction, make sure the big number is on your left. It can be a great way to learn together without having to write anything down!

The other one is play Highest, Lowest. Divide your cards up by how many players there are. Ace is still equal to 1 and if you use face cards the Jack is worth 11, The Queen 12 and the King 13. Children learn fast which number is higher. The dealer puts down a card and everyone puts one in front of themselves that is higher. The highest card gets all of them and sets them to the side. The winner gets to call "Highest" or "Lowest" and lays down a card everyone has to do what they said. Eventually everyone may lose all their cards but its fun to try.





---

*Health and Wellness Update from Ang Hamilton*

---

Spring has arrived and I hope you are loving the sunshine that it brings. I am overturning the community gardens and getting ready to plant a spring summer garden. This year one of the garden beds will be dedicated to traditional plants and medicines. The other beds will be vegetables for our lunch program. Pop by anytime to visit and see what is growing in our garden.

This school year I have been working in Tseycum alongside Diane Kirby with our statelite program. It has been wonderful to be in the community, getting to know community members and students. I have had great help in the kitchen from Alvin to make this all possible. He helps prepare the salad bar, and does an amazing job.

One of the programs we have offered this year is a Good Food Box Dinner. We started with a Food Challenge party to introduce the program. We had a variety of foods for each group of students and staff to create a yummy dish with. Some of the foods for the creations were fruits and veggies. We also added a few mystery items like jam, peanut butter, pumpkin seed butter, yogurt and rice cakes just to make it a challenge! It was our version of Iron Chef Canada, and it was a lot of fun! All dishes were judged into first, second, third and fourth place. In the end every dish was a winner because they were all so amazing and creative. Once a month we host a dinner using food from the GFB. It has been a lot of fun! Kendra and I run the program and we are very passionate about it! We love doing this once a month. A big thank you to Mary Hayes for working with us on this project. We order the GFB from her and she has been lovely to work with. Also, a big thank you to Kendra who worked hard at getting the funds to make this program happen!







## Language Revitalization from Tye Swallow

revitalization, while at the same time preparing for a broad range of further academic paths.

Currently, students are registered in four courses including: Intro to SENĆOŦEN Indigenous Language II (IED 159), WŚÁNEĆ Art and Language (IED 187), Self-Directed Immersive Language Learning (IED 156) and (Ling 181) Introductory Linguistics for Language Revitalization.

We are very proud of our new cohort of learners who complete in June 2020 and will find jobs working in our immersion school and infusing language into our communities. If you are interested in joining us, or want more information, please contact Tye Swallow at the school.

As part of any language

revitalization journey, I strongly recommend visiting other successful language revitalization initiatives. The Hawaiians have been leading in the area of immersion schooling for close to 35 years and as such WŚÁNEĆ and SENĆOŦEN was proudly represented with 9 W,SENĆOŦEN IST students, 3 WŚB staff and 2 Tsawout members visiting the Hilo Field Study attached to the ICLDC 2019 event. As our SENĆOŦEN Immersion stream at the WŚB has been significantly inspired by what we have witnessed and learned from the Hawaiians, we gifted these Hawaiian Koi wood panels to the Nāwahīokalani‘ōpu‘u School, Ka Haka ‘Ula O Ke‘elikōlani College of Hawaiian Language and to Larry Kimura – a language revitalization guru.

ÍY SÇÁĆEL MEQ SAN (Greetings everyone!)

We are very proud to announce that the second cohort of our W,SENĆOŦEN IST (Moving the language forward through the breath of the people) Diploma of Indigenous Language Revitalization is well into its second semester!

W,SENĆOŦEN IST is a diploma program in Indigenous Language Revitalization in partnership with the University of Victoria. Over two years, students are engaging in language acquisition skills in the context of language



JÁN U HÍ,SWŪKE – Much thanks to Joel Paul for the wonderful idea, sourcing the wood and for making the panels, PENÁĆ David Underwood for the designs (originally created for ICLDC 2013) and for Cristin Lafortune for the help making this happen.

JÁN HÍ,SWŪKE HÁLE

Tye Swallow  
Phone 250-652-2214 ext 247  
E-mail [tye@saec.ca](mailto:tye@saec.ca)



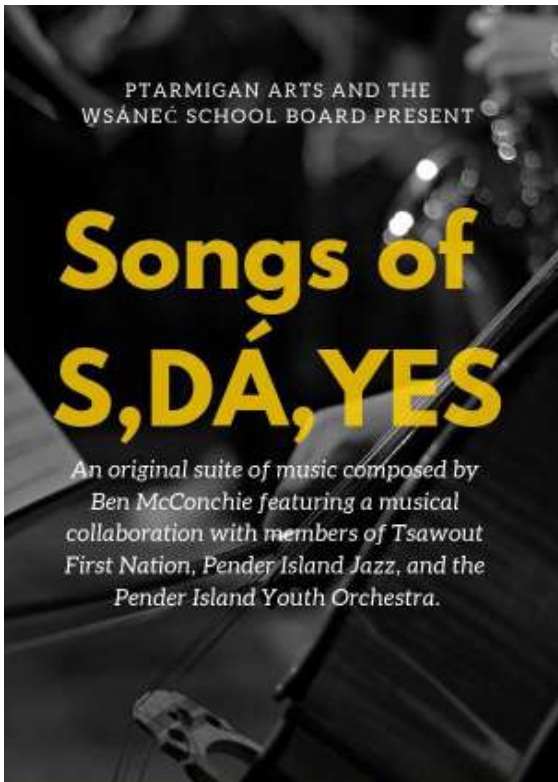
---

## Art Update from Caroline Stengl

---

This school year we are offering art courses at SAEC and at the TSEYCU satellite program on Fridays, otherwise known as FUNdays! The fall semester course is *Studio Arts 12: Printmaking and Design*. Students completed that course with great success! Now it is the second semester when we offer *Studio Arts 12: Drawing and Painting*. Everyone in art class is very enthusiastic!

Students began their exploration of drawing by creating ink line drawings for a colouring book. I will be creating a printed and bound colouring book of all their fun images. Students will get to colour each other's drawings and bring them home to share with family and friends. Now students are working on building their skills by taking on the challenge of drawing a realistic animal with pencil. Eagles, bears, deer, tigers, dogs, cougars and all sorts of other beautiful creatures are emerging on the paper as students learn about establishing basic shapes, getting the details just right, then shading and adding textures. Lastly we will be exploring the world of watercolours and acrylic paints, diving headfirst into colours, colour mixing and working with brushes to create vibrant masterpieces. It's always exciting to see what students create! For photos of our artful adventures turn to the art gallery page of this newsletter. Enjoy! HISWKE!



### Songs of S,DA,YES - Ptarmigan Music Day

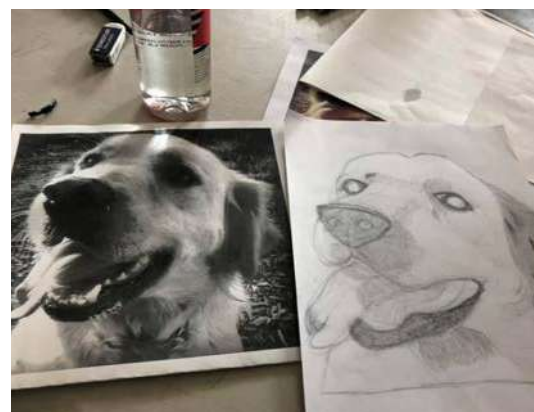
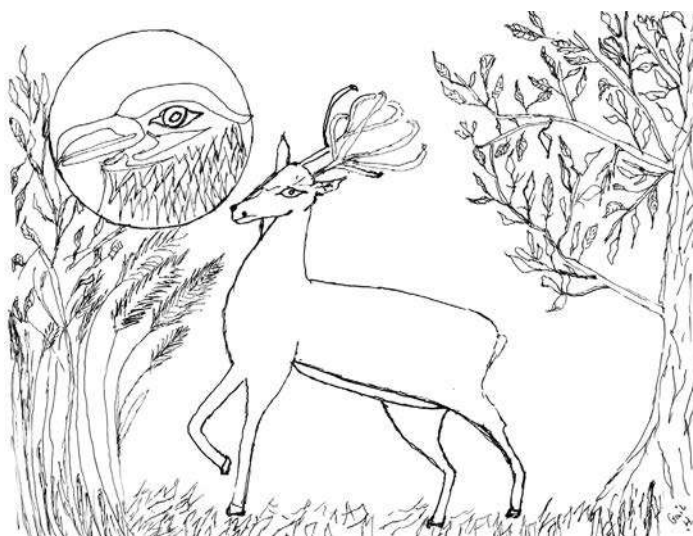
A special music performance was brought to our school by the Ptarmigan Society on January 29th. The Songs of S,DA,YES suite of music was composed by Ben McConchie. The music is about an important story from 1863, part of the history of Pender Island that forever changed how settlers and indigenous communities related to each other. The story of these historic events gives insight into the conflicts and ongoing relationship between the First Nations people and non-Native people living on the traditional territory of the **STÁUTW** (TSAWOUT) people on S,DA,YES (Pender) Island. The music was performed by a large ensemble of Pender Island community members including Pender Island Jazz Band, Pender Island Youth Orchestra, Ben McConchie and Lauren Mann. The performance was opened by OCM (Our Culture Matters), a drum group from **STÁUTW** First Nation led by Romaine Underwood. The performance included projected images of paintings and photographs to give a beautiful visual component to the story telling. The concert was attended by the SAEC, the high school, **ÉÁU,WELNEW** elementary school students, **WSÁNEĆ** community members and elders. It was a beautiful musical performance and

brought many people together in a good way. We are very thankful to the Ptarmigan Society and the Pender island musicians who brought their talents to our school to share with us! We hope this is the beginning of a productive and positive partnership with Ptarmigan Society, a non profit arts organization that brings arts programming to the gulf islands region and beyond.





SAEC Art Program Gallery





...ᐅᓄᓄ...  
*Ptarmigan Music Day*  
...ᐅᓄᓄ...





---

## *Post Secondary from Linda Gladstone*

---

I just cannot believe how fast this term has gone by! Most of the post-secondary students are busy studying for their mid-terms in their program.

During this academic year, Sept. 2018 – Apr. 1st, 2019, WSB funded a total of 62 students. This term we are funding 50 Full-time students and 4 part-time students. I want to encourage our WSÁNEĆ post secondary students to continue to work hard, study hard to complete your educational program. Kudos to our college and university students.



WSB is hosting the Early Learning and Care Diploma program which started in January 2019. WSB is funding 6 students out of the ELC cohort.

WSB Application deadline for 2019/2020 is Feb 28th. If you would like an application please drop by my office, call me at 250-652-2214, ext 222 or email me at linda@saec.ca  
Thank You.

### **Christmas Breakfast**

Each year the staff at SAEC hosts a holiday breakfast brunch for the students. This year we hosted the brunch on December 20th for all SAEC students. This included our TSEYCUM and TSAWOUT satellite programs and of course our Elder's Advisory. It is always a fun and happy event sharing a meal with all the students and our elders.



---

## *Thinking about going back to School?*

---

Please know that the Saanich Adult Education Centre continues to conduct intake interviews and registration for anyone from the WSÁNEĆ communities that wishes to attend the SAEC.

The process is different for each person we meet as we respond to each individual's education needs. There are a number of factors we consider – i.e. What is the last grade completed? Has he/she graduated grade 12? Does this person require upgrading? What are some educational goals of the individual and how can we help in achieving these goals? Is upgrading necessary for employment purposes, or for Post Secondary entry? Are you looking for Adult Graduation Grade 12?

I'm Diana Henry, and I'm here to try and help answer any questions you might have about getting back into school. **See the next page for more information!**

Phone: 250 652 2214 or E-mail: diana@saec.ca



## Thinking about going back to School?

### CONSIDER THE SAANICH ADULT EDUCATION CENTRE!

We have a caring and supportive staff that wants you to succeed! We'd like to help however we can to assist you in reaching your goals.

#### We offer:

- Community-based learning
- Bus transportation to and from school
- Daily hot lunches
- Onsite childcare
- SENĆOŦEN language and culture classes
- Weekly field trips, overnight excursions based on student interests
- Financial supports available (see back of page)
- Satellite programs in Tseycum and Tsawout

#### \*NEW for 2018- 2019\*

This year our courses will be available instructor-led, paper-based or online. Decide how you'd like to learn - the choice is yours!

#### If bus transportation is a concern:

Please contact us to see if we offer satellite programming in your home community. Currently, we have morning programming running in Tseycum and Tsawout. We also have daily bus transportation available to and from the SAEC.

#### If online computer learning is a concern:

We now offer the option of paper-based or teacher-led learning, in addition to online courses.

#### If finances are a concern, here is how we can help:

- Earn \$50.00/week, or up to \$200/month, by attending 4 days a week and making good course progress.
- Earn \$50.00 for each course you complete
- Complete 4 courses during the school year and earn a bonus \$200.00
- Earn \$25.00 for completing the 'CAAT' - Canadian adult placement assessment used for course selection
- Lead or organize a school activity, craft or guest speaker and earn \$50.00
- Weekly and monthly gift card prize draws for school initiatives (i.e. kindness & health draws etc.)

#### If childcare is a concern:

Onsite child care available through the SLEEMW Daycare Centre. More information can be found at: <https://wsanecschoolboard.ca/education/sleemw-child-development-centre> or call us.

**Would you like to:  
Complete an Adult  
Dogwood**

**Or**

**Gain college  
pre-requisites**

**Or**

**Brush up on English  
and Math to help your  
children/grandchildren  
with their homework?**

**To Register at SAEC:**

**Contact Diana**

**Phone: 250-652-2214 ext. 237**

**E-mail: [diana@saec.ca](mailto:diana@saec.ca)**



Greetings from Diana Henry,  
Administrative Assistant at SAEC.  
I want to help YOU register!  
Please come see me and meet our staff.





Colour this drawing! Artwork by Roslyn Tanner

